



PLOWS
Council on Aging

Having Trouble with Basic Household Chores or Grocery Shopping?

PLOWS Council on Aging offers in-home services to assist financially eligible persons who have physical impairments that make accomplishing household chores difficult. Persons sixty years of age and older living in the PLOWS service area can receive assistance with:

- ❖ light housekeeping
- ❖ laundry
- ❖ linen change
- ❖ grocery shopping
- ❖ personal care



Service ranges from two hours every other week to a maximum of three hours weekly. Call PLOWS at 708.361.0219 for eligibility information and a complete list of available services.

The In-home Services Program is partially funded by the Federal Government under the Older American's Act. An hourly contribution is suggested, however, not required. PLOWS Council on Aging assists persons age 60 and over and their families living in all suburban Cook County towns or portions of towns within the Townships of Palos, Lemont, Orland and Worth.

Partial funding for PLOWS programs is provided by federal and state government agencies, made possible through the Older Americans Act, AgeOptions (Suburban Area Agency on Aging), local municipalities, townships, and United Way of Suburban Cook County. PLOWS Council on Aging does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-361-0219.